



Class Booking Policy

Cancellation Policy

By purchasing or using our services, you agree to these Terms in full. Prices, promotions, and offers are subject to change at any time, with reasonable notice provided to existing customers where applicable.

Free Trial (First Lesson)

- Eligibility: New customers are entitled to one (1) free trial lesson per individual or household.
- Scope: The free lesson is identical in structure and quality to a paid lesson.
- No Obligation: There is no obligation to continue after the free trial.
- Non-Transferable: The free trial cannot be transferred, exchanged, or redeemed for cash.
- Misuse: We reserve the right to deny or revoke the free trial if misuse, multiple account creation, or fraudulent activity is detected.

Pricing and Payment

- Rates: All pricing is displayed in GBP and includes applicable taxes unless otherwise stated. We require a 50p booking fee per each booking.
- Billing Cycle: Services may be billed on a per-session, weekly, monthly, or term basis, depending on the plan selected at checkout.
- Lesson Use: Any 5 or 10 block bookings must be used within a consecutive period of time and are non-transferrable.
- Payment Methods: We accept payments via credit & debit card, PayPal, bank transfer.
- Late or Failed Payments: If payment is not received by the due date, access to the service may be suspended until full payment is made.

Cancellations

Customers may cancel their subscription or upcoming lessons at any time by contacting Sam on info@helpyourselfyoga.com. Please note classes are non-refundable and non-transferable.

Refund Policy

Free Trial: No payment is collected during the free trial; therefore, refunds do not apply.

Paid Services: Refunds are generally not issued for completed or partially used lessons.

Exceptional Circumstances: Please contact Sam on info@helpyourselfyoga.com with details in case of exceptional circumstances.

Changes to Terms

We may update these Terms periodically to reflect operational, legal, or policy changes. The revised version will be posted on our website, and continued use of our services after such changes constitutes acceptance.

Contact

For billing, cancellations, or inquiries, please contact Sam on info@helpyourselfyoga.com.

Contact Details

Bury Music Service Ltd, The Rock, Bury, UK
helpyourselfyoga@gmail.com